

Waters School Cool Tool

Universal Expectation: Be Responsible, Be Safe

Name of the Skill: Dressing for the Winter Weather (K-3 wears winter coat, snow pants, boots, hat, mittens/gloves) (Gr.4-5 wears winter coat, boots, hat, mittens/gloves)

Setting: Playground

Purpose of the lesson/Why it's important:

- To teach students to be responsible for wearing appropriate clothing based on the weather.
- Teach students that they can play safely and responsibly at recesses when they have clothing that keeps them warm in the weather.

Teaching Examples:

1. Kevin's favorite jacket is a light coat that has his favorite NASCAR driver's number on it. He doesn't check the weather, but when he walks outside of his house, he feels that it's very cold. At first he keeps walking, but then he stops and remembers that he'll probably be cold during recess at school. Quickly, he walks back into the house and makes a good choice to put on his winter coat, snow pants, boots, hat and gloves so that he's ready for a fun time at recess.
2. Carly bought a new dress and matching pair of sandals with her mom last weekend. She wants to wear them to school to show her friends. However, when she looks outside, she sees that it snowed overnight. Carly remembers that her winter coat, snow pants, hat, mittens and boots are needed to be dressed responsibly at recess or you'll sit by the wall. She makes a good choice and wears her favorite jeans and remembers to wear her winter coat, snow pants, hat, mittens, and boots to school. Jeans will work better with snow pants and she'll wait for a warmer day to wear her new outfit and sandals.

Kid Activities/Role-Plays:

- Discuss why wearing warm clothes is needed during cold weather.
- Have students draw pictures of themselves with appropriate winter clothing for recess and have them label the needed items. They can hang this up at home to remind them of needed items each morning.
- Have students role play putting on appropriate winter clothes and having fun in the snow at recess. Time a student to see how fast he/she can get dressed. The teacher could role play being a student who forgot their snow pants and has to stand against the wall.
- Discuss "what to wear" each day when class reviews the weather during calendar time.

Follow-Up Reinforcement Activities:

- Provide Wildcat Cash for students who you catch wearing appropriate winter clothing for recess or bringing items to school in preparation as winter approaches.
- Encourage students to speak with you privately if they need help getting appropriate winter clothing provided at school.
- As cold weather season approaches include regular reminders for students to start bringing appropriate winter clothes to school each day (Monday Morning Meetings, Reminder Notes for Home)