

## WHY THE NEED

About 1 in 5 adolescents have an emotional health concern; however, over 50% of these adolescents end up struggling in silence while their concern goes unidentified.

**The YScreen Program can connect youth and their parents with needed resources in the community.**

**If these concerns are left unidentified and untreated it can lead to the following:**

- Grades dropping
- School attendance decreasing
- Conflicts with family, friends and teachers
- Increased symptoms of depression, anxiety, alcohol or drug use, and suicide.

**The American Academy of Pediatrics recommends that all youth have an emotional health screening annually.**

For most parents this screening will reassure you that that your teen is just experiencing typical "growing pains". If a concern is identified, however, the YScreen Program can help pinpoint the problem in its early stages and work with parents to become connected to needed resources in the community.

In a survey of parents of youth who have taken the screening, 54% of parents reported that they were not fully aware or not at all aware of their child's emotional health concern before screening.

## Fond du Lac High School

provides this screening at no cost, but does not provide further evaluation or treatment services. It is up to you to decide if you want to obtain any additional services for your teen. You may contact the screening staff for more information about health resources in your area.

*"I want to say thank you for helping us recognize the problems that plagued my child. Without YScreen it's hard telling where things would have ended up. My child got the help he needed thanks to YScreen."*

## CONTACTS

YScreen Program Coordinator  
920-906-6700 ext. 4705



[www.csifdl.org/yscreen](http://www.csifdl.org/yscreen)



**EMOTIONAL HEALTH SCREENING**  
*in partnership with*

**Fond du Lac High School**

*Screening since 2002*



## HOW IT WORKS

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- Guardian permission is required for screening.
- All screening results will be kept confidential, stored separately from academic records, and not shared with school personnel.
- If screening staff believes your child is in danger, or is a danger to others, appropriate personnel and/or authorities will be notified.



### There are 3 steps to the screening process:

1. Teens complete the screening questionnaire in a private setting at school.
2. After your teen has completed the questionnaire, YScreen staff will review it and discuss the results with your teen. The entire process usually takes about 15-20 minutes.
3. You, as a parent, will be contacted by screening staff ONLY if there are identified concerns based on screening results.

## FAQS

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Screening is conducted at most public and private school systems and medical systems in Fond du Lac County.

### What if I provide consent, but my child does not want to participate?

Because we believe screening should be voluntary, your child may choose to participate. We will notify you if your child chooses not to participate on the day of the screen.

### How accurate is the screening ?

The screening questionnaire is effective in identifying youth with possible emotional problems; however, the questionnaire results are not a medical diagnosis. Medical diagnoses are beyond the scope of the FDL Area YScreen Program.

### Does the FDL Area YScreen Program recommend treatment?

The screening staff does not make treatment recommendations. All possible treatment decisions are made by families in close consultation with a health professional after the completion of the emotional health screen. Treatment recommendations are beyond the scope of the FDL Area YScreen Program.

### Can I see the questionnaire?

Yes. If you wish to review your child's screen, the assent form your child will be asked to sign prior to his/her participation in the program, and any instructional materials related to the screening, please contact the YScreen Program 906-6700 ext. 4714.

## SUPPORT

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The program is supported by grants, foundations and local communities and receives no funding from pharmaceutical companies.

- Operated as a non-profit public service, the YScreen Program accepts individual donations to help provide free screening services to local communities.
- The Fond du Lac School District serves as the fiscal agent for the YScreen Program. YScreen is funded in part by FDL Area United Way, Agnesian HealthCare and Mental Health America of WI.



*"I thought it was very helpful. It made me think about how I was feeling more than I do everyday. It was nice to take a minute and actually see what things were going on in my life, and how they affect me."*